



Working Parents | *Coaching Certificate*

1 x complimentary coaching session

Talk to a working parent expert about:

life as a parent
returning to work
managing work & family demands
finding child care
and more...

total value of \$295

How to book: 02 9967 8377 or info@mumsatwork.com.au

How to book:

- Contact a parent coach on 02 9967 8377 or via info@mumsatwork.com.au
- The coach will arrange a convenient time to meet with you in person or over the phone

How will a coaching session help me?

- Help you to explore return to work options
- Prepare for your transition back to work
- Help you identify and fine tune career aspirations
- Review work and family balance options
- Build confidence around life challenges since becoming a parent

Conditions:

- Coaching session up to 1.5 hours either in person or via phone
- Redeemable by current employees only
- Cancellation policy – 24 hours notice required

mums@work

careermums

karenmiles